



VIRTUAL REFORMER PILATES

Frequently Asked Questions

What do I need to bring to each class?

A sweat towel, a water bottle, grip socks and your ticket to attend the class. Grip socks can be purchased from Stadium reception while stocks last.

How many classes can I attend?

You can attend 1 class per day and 5 classes per week. Additional classes can be purchased from Stadium reception for an extra fee.

Can I use a casual pass, or 10 visits pass to do Virtual Reformer Pilates?

No, Virtual Reformer Pilates is only available to add to an existing standard membership, accommodation membership or Semester Saver Pass.

How do I book into a class?

Once you've upgraded your membership, log into the Live Group Fitness timetable on our Website ([Link](#)), select the session on the time table, then click "Join this session".

When you arrive at the Stadium for your class, show your booking at reception by logging into your membership account online, selecting "Group Fitness" from the navigation bar, then open your admission tickets.

How do I cancel the Pilates add on?

Submit a cancellation request in writing to Stadium@curtin.edu.au OR via the form on our website. Cancellation notice period applies



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I have an upfront membership, how do I purchase the add on?

Upfront Membership holders can purchase the direct debit add on at Curtin Stadium reception.

I'm under 18, can I purchase the add on and participate in Pilates

Upfront Membership holders can purchase the direct debit add on at Curtin Stadium reception.

Can I suspend my Pilates add on?

Where you elect to suspend your base membership, your pilates add on will also be suspended. You may not suspend your base membership or add on independent of one another.

Can I still use Pilates if my base membership is paused/suspension?

If your base membership is paused or suspended, your pilates access will also be paused.

How do I cancel the Pilates add on?

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What happens if I'm late to class?

For health and safety reasons, participants who arrive more than 5 minutes after the scheduled class start time will not be permitted to join the session. Late arrivals will be recorded as a no-show, and a \$5 no-show fee will be debited from your nominated bank account.



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Do my classes roll over/accumulate week on week?

Class limits do not accumulate

Can I request a specific bed/equipment?

Specific beds cannot be reserved in advance, all beds are on a first come first serve basis.

Can I bring additional pilates equipment (my own/from gym)?

You are not permitted to bring any additional equipment into the Pilates Studio.

I've never done pilates before, can someone show me what to do?

All classes are lead by a virtual instructor, participation is at your own risk and self guided with the video follow along

I don't have grip socks/what do I need to wear?

Grip socks are essential for safety and are available for purchase at Curtin Stadium Reception (While stocks last).

Can I film or take pictures during class?

No, there is strictly no photography or filming in the Pilates Studio.

Can I cancel my base membership and only do Pilates?

No, you must hold a valid standard base membership to maintain your Pilates membership entitlements. If your base membership is cancelled for any reason, your pilates add on will also be cancelled.



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I'm on a semester saver pass, but don't have the semester saver add on, can I purchase pilates?

Yes, you can still purchase the direct debit add on for the remaining duration of your pass.

Can I do multiple trials?

No, trials are limited to 1 redemption per person.

Can I access the studio outside of classes? Can I stay after the class to do my own thing or join the next class?

You are not permitted to access the room or use any equipment outside of scheduled class times.

Can I pay for an extra class if I've used up my 5 classes in the week?

No

Where can I put my stuff?

A small number of pigeon holes are available in the studio for usage during each class. You are not permitted to store any belongings in the studio beyond your class time. Casual locker hire is also available through reception

Do I have to use a towel?

It is recommended to keep a towel close by during your work out, however for your safety do not place towels over the carriage during your work out.



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I'm an allied health professional, can I bring clients to use the studio for private rehab sessions?

No

I'm accompanying a pilates member through their WA Companion Card - can I participate in the class?

No, as a companion you are able to observe the card holder to provide support, but are not permitted to participate in a pilates class under your companion admission.

Where can I find the full timetable?

On our [website](#)!