



Curtin University



HEALTH PROMOTION

SHORT COURSES 2017

Do you have an interest in health and human behaviour?
Would you like to know more about health promotion?
Do you want to be able to develop effective and sustainable health promotion programs?

Health promotion maintains and improves the health of populations by developing skills and knowledge, working with communities, creating healthy environments, changing policy/laws to support healthy choices, and reorienting health services to meet community needs.

Our courses will enable you to understand the role and importance of health promotion and the broader concept of health within a community and national setting. All of our courses are informed by a social determinants

of health approach.

To enrol in a course please contact Maria Chanmugam at
Maria.chanmugam@curtin.edu.au

Make tomorrow better.

Telephone +61 8 9266 2411

HEALTH PROMOTION

The Curtin University Health Promotion short courses are suitable for those already working in the health sector, those wanting to move into the area and those wanting to incorporate health promotion principles into their role.

The following short courses are available to those people who are interested in increasing their health promotion knowledge and skills.

1. Planning, implementing and evaluating health promotion interventions (4 days)

This four day course aims to provide you with the skills needed to plan, implement and evaluate a health promotion program. You will be introduced to relevant health behaviour theories and health promotion frameworks as well as approaches to evaluation.

You will work in small groups to develop a plan for a program of your choice. This course is highly interactive, you will be given the opportunity to discuss health issues with industry experts, academics and course participants.

Dates: TBC

2. Planning, implementing and evaluating health promotion interventions (12 weeks online)

This flexible online course aims to provide you with the skills needed to plan, implement and evaluate a health promotion program. You will be introduced to relevant health behaviour theories and health promotion frameworks as well as approaches to evaluation.

You will plan a health promotion intervention of your choice. A range of learning strategies (web links, podcasts, video clips) and learning activities are available for each module. An online networking forum will be available to communicate with other students and your course tutor.

Cost per person: \$975 + gst

Dates: March 13—June 2, 2017

and August 14 —November 3, 2017

3. Organisation specific training

Do you have between 12-20 staff who require health promotion training? Would you like your health promotion training to focus on a particular health intervention or target group? Then an organisation specific training course may be a cost effective option for you to consider.

Please contact Maria Chanmugam
maria.chanmugam@curtin.edu.au

to discuss your requirements and to request a quotation.



Our health promotion courses are endorsed by the Australian College of Midwives.

All full time students, AHPA and PHAA members are eligible for 10% discount on enrolment fees.

For more information see http://healthsciences.curtin.edu.au/teaching/soph_short_courses.cfm