

## **Curtin Credentials**

# **Relationships and Sexuality Education Essentials**









## **Explore contemporary issues in relationships and sexuality education and learn how to deliver inclusive lessons that promote respect and diversity.**

Are you keen to learn about contemporary issues related to relationships and sexuality education (RSE), and to ensure your work aligns with evidence-based practice?

This essentials course is suitable for anyone who works in school or community settings. From the novice educator through to someone who might want a refresher.

We will provide you with contemporary and fundamental information related to RSE delivery, with a particular focus on the Australian context. The course focuses on the key evidence-based principles that underpin the delivery of RSE and will help you on your journey to deliver engaging and inclusive content.

You'll learn from supportive, highly trained professionals with decades of experience and expertise in education, sexology, and health promotion.



## Who is this credential for?

This credential is particularly suitable for:

- Educators
- Pre-service teachers, In-service teachers
- Sexologists
- · Health promotion professionals
- Health professionals

#### What you will learn

By completing this credential you will:

- reflect upon your own RSE journey and how this may impact your facilitation style and scope;
- outline and critically evaluate foundational, evidence-based principles related to RSE provision in school and community settings; and
- discuss aspects of RSE in a comfortable and non-judgemental manner

#### **Key Topics**

Your learning journey includes access to online modules that cover these key topics:

- understand contemporary issues related to RSE, particularly for an Australian context
- develop positive attitudes towards relationships and sexuality
- create and manage safe teaching spaces for the delivery of RSE

#### Assessment

To successfully complete this credential, you are required to pass a final assessment. In the final assessment, you will be asked to reflect upon your own RSE journey and consider how this may impact the RSE you deliver within various settings. You will also be required to outline and justify a range of contemporary, evidence-based principles related to RSE provision applicable to school and community settings.

#### Earn a badge

Once you successfully complete and pass the final assessment, you'll earn a digital badge that is instantly shareable to your social networks (including LinkedIn) which showcases your new skills and knowledge mastery.



#### **Essentials**

This credential provides foundation knowledge in a discipline and doesn't require previous knowledge.

You will also earn 5 credit points which are in line with <u>Australian Qualification</u> <u>Framework Level 8 (https://www.aqf.edu.</u> <u>au/framework/aqf-levels#toc-aqf-level-8-</u> <u>criteria-2</u>) criteria, ensuring comprehensive theoretical and/or technical knowledge of the credential. 100 credit points are required to earn a Graduate Certificate at Curtin.

## Make tomorrow better.

This publication is available in alternative formats on request.

- \* Curtin may cancel or reschedule a credential at any time and for any reason as it sees fit. The Start Date and the other details of this credentials are provided as a general guide only and may change from time to time.
- <sup>†</sup> This credential involves 30 hours of online resources, readings, activities and assessments at your own pace. However to pass and gain 5 credit points, you may need to commit further time.
- ^ Learning is done completely online.

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## Meet your facilitators



#### **Professor Sharyn Burns**

Sharyn (she/her) is a health promotion practitioner, academic, and Professor in the Curtin School of Population Health. Her work focuses on children, adolescents, young adults, and parents, and addresses sexual health, mental health, alcohol and other drugs, and obesity prevention. She has a strong background in school-based health promotion research and has expertise in conducting evaluations, in mixed methods research and implementing innovative health promotion interventions. Sharyn teaches undergraduate and postgraduate health promotion and public health students and has supervised numerous higher-degree-by-research students to completion.

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#### Dr Jacqui Hendricks

Jacqui (she/her) is a health promotion practitioner, sexologist, academic, and senior lecturer based at the Curtin School of Population Health. Jacqui is dedicated to ensuring that young people receive comprehensive, contemporary, and engaging relationships and sexuality education (from home, school, and elsewhere) and can access best-practice health and/or other support services easily, equitably, and without shame. She is a current Board Member of the Australian Association for Adolescent Health. Jacqui teaches postgraduate sexology students and has supervised numerous higher-degree-by-research students to completion.

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## For more information



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