**For everyone’s safety, work safely. #SafeWorkMonth**

**Who needs to read this**?

All Curtin Staff – especially Health and Safety Representatives and Mental Health First Aiders.

**Background**

Welcome to the second week of National SafeWork Month.   This week’s focus is “Working together to protect worker’s mental health.”

**Information**

There are a range of psychosocial hazards that impact worker mental health. WorkSafe has released the Code of Practice – [Psychosocial hazards in the workplace](https://www.commerce.wa.gov.au/publications/code-practice-psychosocial-hazards-workplace), and [Safe Work Australia](https://www.safeworkaustralia.gov.au/national-safe-work-month/week-2) and [Health and Safety](https://www.curtin.edu.au/healthandsafety/psychosocial/) provide information and resources on to assist managers and staff.

**Key Messages**

The management of psychosocial hazards is key to the prevention of these types of injuries. If you are a manager or supervisor of staff or students, you have a responsibility to ensure that these hazards are identified; if present and suitably controlled.

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* If you are unsure how to risk assess psychosocial hazards,

please contact Health and Safety.

* Our EAP - Assure - also have a Manager Support Program available to

assist managers to support their staff should they report a

psychosocial hazard. (see attached flier)

* All staff are invited to join the Curtin specific Headspace

[webinar](https://www.eventbrite.com.au/e/realtalk-at-curtin-a-conversational-approach-supporting-staff-and-students-tickets-703822761827?aff=oddtdtcreator) on Friday 13 October. (see attached flier)

**Who do you call with questions?**

If you have any queries, please contact Employee Wellbeing on 9266 4468 or Health and Safety on 9266 4900 or email [healthandsafety@curtin.edu.au](mailto:healthandsafety@curtin.edu.au).

**References**

Safe Work Australia – [Psychosocial hazards](https://www.safeworkaustralia.gov.au/safety-topic/managing-health-and-safety/mental-health/psychosocial-hazards)

Worksafe WA –Mentally healthy workplaces – [Podcasts and videos](https://www.commerce.wa.gov.au/publications/mentally-healthy-workplaces-podcasts-and-videos)

**Date of Issue**

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