Festival of Learning Showcase

Facilitator(s): Associate Professor Susan Beltman, School of Education and Associate Professor Tania Broadley, Academic Lead, Curtin Learning Institute

Strategic theme: Leading in innovative education

Subject Title: Building Professional Resilience: Online Modules for Pre-Service teachers

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Brief Description:

This presentation will report on an OLT funded project aimed at developing awareness of the skills and practices that will help facilitate professional resilience. The BRITE program targets pre-service teachers but could be adapted for other professional contexts where challenging situations are encountered. The 5 interactive online learning modules are evidence-informed and focus on building and maintaining relationships, personal wellbeing, optimistic thinking, problem solving, ongoing professional learning and awareness and management of emotions. Each module has clear learning outcomes and a range of activities involving reflection, knowledge building and problem solving. The modules are interactive, personalised, informed by research, and connected to professional standards and frameworks. This presentation will include findings from the pilot implementation of the modules with a cohort of pre-service teachers and educators in 2014. Future directions for research and teaching and learning in higher education are discussed.

Benefits:

The project has relevance for developing resilience across professions.

Time/Day: Monday 16 March 2015, 12:00 -12:30pm

Duration: 30 min

No. of Sessions: One

Venue: Building 300:Room 215

Special Requirements: data projector and internet access